

# DINNER

*Welcome to enVie.* We are a vegan restaurant that makes everything from scratch. We do not use animal products in our restaurant, so when you see familiar foods like cheese, scallops, bacon and more, they're all made in-house with plant-based ingredients.

If you have any questions about how these foods are prepared, please ask one of our servers!

## APPETIZERS

### SOUP DU JOUR • 4 /9

gf, sf, nf | bread +1 | gf bread +1.50

### DUMPLINGS • 8

nf | stuffed with tempeh, sui choy, shiitake and carrot with kimchi mayo

### CHARRED BROCCOLI • 8

gf, sfo, nf | pan roasted, finished with bagna càuda and toasted pine nuts

### DONAIR TACOS • 11

gf, sfo, nf | pulled spiced jackfruit, corn tortilla, diced tomato, onion and finished with donair sauce

### BUFFALO WINGS • 10

nf, sfo | panko crusted king oyster mushroom cutlets tossed in house-made buffalo sauce with blue cheese dip and crudités

### BRUSSELS • 8

gf, nf | crispy brussels sprouts, white miso and lemongrass dressing with togarashi

## CHARCUTERIE

any 3 for 15 | +2 per extra

gfo, nfo, sfo | served with a selection of pickles, crackers, crostini, crudités and tomato jam

### SPREADS

kale and pistachio hummus  
sundried tomato and basil gruyère  
roasted mushroom and sunchoke pâté  
french onion dip

### PROTEINS

tempeh bacon  
seitan bacon  
smoky tofu  
sautéed oyster mushrooms  
mushroom scallops  
fried chick'n

### CHEESE

blue cheese  
tofu chèvre  
cheddar  
smoky pesto

*EAT WELL • DRINK WELL • LIVE WELL*

*PLEASE INFORM YOUR SERVER OF ANY ALLERGIES YOU MAY HAVE.*

Although we do our very best, please be aware that our gluten-free, soy-free, and nut-free items are not prepared in an exclusively gluten, soy, or nut-free kitchen.

gf – gluten-free | nf – nut-free | sf – soy-free | o – option

## SALADS

### CAESAR • 9 / 12

gf, nf | kale, coconut bacon, hemp seeds, parmesan and creamy caesar dressing

### POWER SALAD • 14

gf, sfo, nf | tempeh bacon, roasted vegetables, teriyaki chickpeas, cucumber, tomato, apple, pickled onions, mixed greens and miso lemongrass dressing

### WARM QUINOA SALAD • 14

gf, nfo, sf | quinoa, kale, broccoli, toasted almonds, apple, pickled beets, roasted vegetables and caramelized orange dressing

### BEET SALAD • 13

gf, sfo, nfo | roasted and raw beets, tofu chèvre, arugula, toasted pistachios, mint and dijon maple vinaigrette

*add to your salad | +2*

mushroom scallops, tempeh bacon, seitan bacon, smoky tofu, sautéed oyster mushrooms

## MAINS

### PAD THAI • 16

gf, nfo | rice noodles, tofu, julienned veggies, broccoli, cilantro, jerk peanuts and spicy pad thai sauce

### MACRO • 17

gf, nf | aromatic coconut sauce on steamed seasonal veggies and an ancient grain medley with teriyaki tofu, sprouts, grated carrots, beets and fresh cilantro

### DOUBLE BACON CHEESEBURGER • 15

two patties, shiitake bacon, cheddar, pickles, onions and ketchup on a kaiser bun | *served with a side caesar salad*

### CAULIFLOWER STEAK • 16

gf, sf, nf | orange-braised seared cauliflower steak, smoked carrot purée, charred cucumber emulsion, crispy leek and micro greens salad

### PULSE • 17

gf, sfo, nf | cauliflower purée, miso braised turnip, sautéed oyster mushrooms, red and green lentils and crispy kale

### MAC AND CHEESE • 16

gf | roasted broccoli, tempeh bacon, cheddar sauce, marinated mushrooms topped with toasted breadcrumbs and served with beet ketchup and mixed greens salad

### HARVEST • 17

gf, sf, nf | lion's mane mushrooms, asparagus, and roasted zucchini, with basil tahini, beet molasses and carrot bacon

## DESSERTS

### MAPLE CHEESECAKE • 9

gf | with toasted oats, shaved apple, edible flowers and blackberry thyme syrup

### DARK CHOCOLATE MOUSSE • 9

gf | with black cherry coulis, vanilla sponge cake and blueberry powder

### STICKY TOFFEE PUDDING • 8

gf, sf, nf | with lime leaf butterscotch, coconut whip and fresh berries

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